

A LIQUID REVOLUTION in Anti-aging!

○ A **PREMIUM** combination of popular **ANTI-AGING SUPPLEMENTS**, lovingly crafted, flavored with natural berries and containing **powerful antioxidants** plus other key nutrients to help offset the effects of aging, assist energy production, reduce fatigue, support heart health and more.**

○ Premium brand-name ingredients:

POMELLA® pomegranate
SolQ10BLUE™ CoQ-10
Bioenergy RIBOSE™

○ Natural Vitality **Super Antioxidant Blend**:

✓ Açai
 ✓ Goji
 ✓ Mangosteen
 ✓ Grape, wild blueberry, raspberry, cranberry, prune, tart cherry, wild bilberry and strawberry

○ Acetyl-L-carnitine, alpha lipoic acid, plus vitamins C, E and B₆

○ Easily absorbed and assimilated

○ Certified organic stevia and organic agave nectar

pomella.



BIOENERGY
RIBOSE™

A portion of the profits from the sale of Peter Gillham's Natural Vitality products goes to our

NATURAL REVITALIZATION

environmental action initiative to benefit

Conservation International (www.conservation.org)
 and **Remineralize the Earth** (www.remineralize.org).

Supplement Facts

Serving Size: 1 capful (1 fl oz / 30 ml) Servings per Container: 30

Amount per Serving		% Daily Value
Calories	6	
Total Carbohydrates	1.5 g	< 1% †
Sugars	1.2 g	
Vitamin C (as ascorbic acid)	20 mg	33
Vitamin E (as d-alpha tocopheryl acetate)	20 IU	66
Vitamin B ₆ (as pyridoxine HCl)	10 mg	500
D-Ribose	250 mg	*
Acetyl-L-Carnitine	200 mg	*
POMELLA® whole pomegranate fruit extract	50 mg	*
Proprietary Natural Vitality Super Fruit and Berry Antioxidant Blend:	100 mg	*
Açai, goji, mangosteen, grape and grapeseed extract, wild blueberry extract, raspberry and raspberry-seed extract, cranberry, prune, tart cherry, wild bilberry extract and strawberry powders		
Alpha Lipoic Acid	50 mg	*
Coenzyme Q-10	25 mg	*
Lycopene	1 mg	*

* Daily Value not established

† Percent Daily Values based on a 2,000-calorie diet

Other ingredients: triple-filtered purified water, vegetable-source glycerin, organic agave nectar, citric acid, natural colors, natural flavors and organic natural flavors, xanthan gum, potassium sorbate and sodium benzoate (to preserve freshness), organic stevia extract, gum acacia.

VEGAN FORMULA. CRUELTY FREE. ALLERGEN FREE. CONTAINS NO YEAST, DAIRY, EGG, GLUTEN, WHEAT, SUGAR, STARCH, SOY OR ARTIFICIAL COLOR OR FLAVOR. NO ADDED FRUCTOSE.

Peter Gillham's
NATURAL VITALITY

Feel healthier—be happier!

For more information, visit www.petergillham.com.

Available at

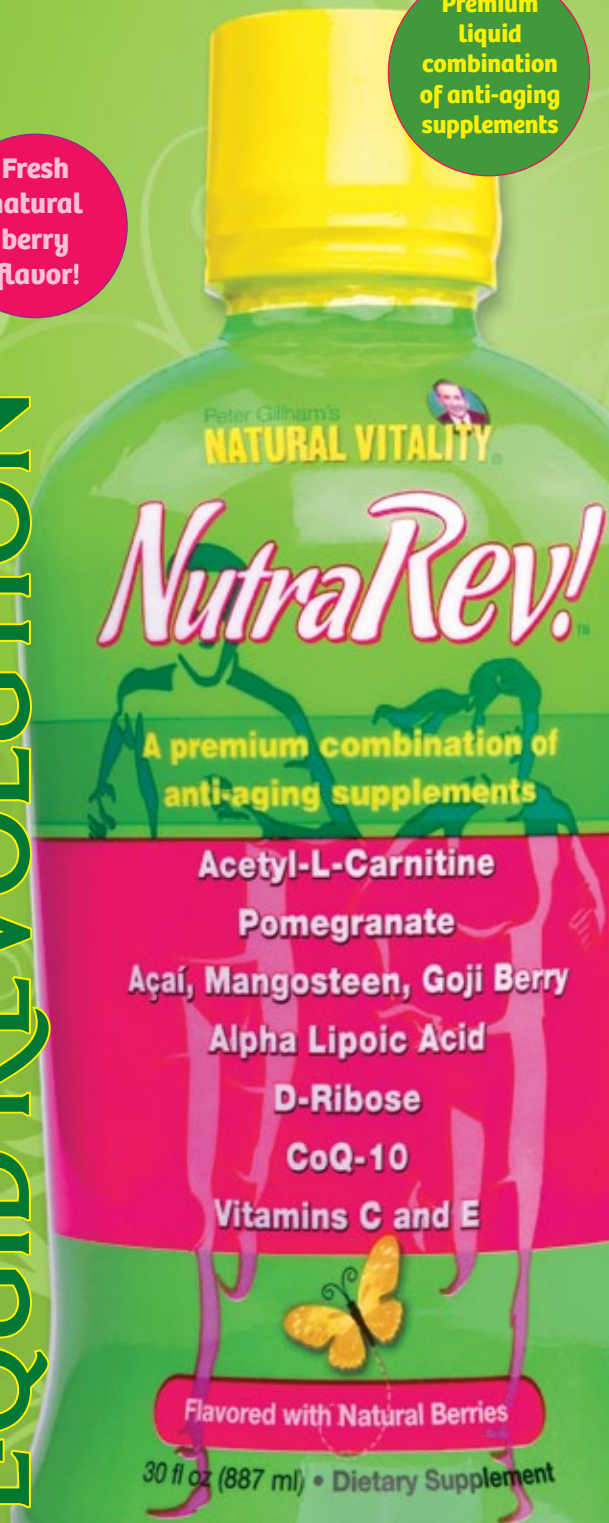
**These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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Premium
 Liquid
 combination
 of anti-aging
 supplements

Fresh
 natural
 berry
 flavor!

LIQUID REVOLUTION



A premium combination of
 anti-aging supplements

Acetyl-L-Carnitine

Pomegranate

Açai, Mangosteen, Goji Berry

Alpha Lipoic Acid

D-Ribose

CoQ-10

Vitamins C and E

Flavored with Natural Berries

30 fl oz (887 ml) • Dietary Supplement

Starting in our twenties, our health and fitness is more subject to the effects of gravity, the environment, cellular changes, wear and tear and poor diet. These accumulate and, over time, become what we commonly call aging. The good news, however, is that an increasing amount of scientific evidence suggests we may be able to slow down this process.

Of key interest is a group of dietary supplements called antioxidants, which help to protect the body against *free-radical* damage. According to the free-radical theory of aging, these are “free” electrons that have broken loose from their attachment to the nuclei of oxygen atoms during the cellular energy-making process. They damage cells in an organism by stealing electrons in an effort to become stable, which (along with increases in free radicals caused by lifestyle and environmental factors) is said to result in many undesirable effects of aging. The “oxidative stress” caused to tissues by free radicals can be compared to oxidation of iron or steel that leads to rusting.** (You can easily read more about antioxidants and free radicals or consult with your doctor.)

With *NutraRev!* we have simply gathered many of the most popular antioxidants and created a combination of premium-quality and brand-name ingredients in a convenient and economical fresh natural-berry-flavor liquid dietary supplement.

The Liquid Revolution

No matter how good the vitamin or mineral supplement is that you start with, it is only as good as it is *bioavailable*. A supplement must be absorbed and *assimilated into the body* and be *available* at the proper area in order to be of use. All pills and capsules have to dissolve into liquid form *before* they can be absorbed and assimilated. Some people with weaker digestive systems (and digestive ability often weakens with age) don't fully break these down and the result is only partial or no absorption, so the pill or capsule doesn't do much, if any, good.

At Natural Vitality we begin with liquid. There is nothing to break down. The nutrients are naturally engineered for bioavailability. For those who have trouble taking pills and capsules, a liquid avoids this problem altogether. You also get fast action, as you don't have to wait for supplements to be digested.

NutraRev! combines high-antioxidant fruits with other powerful antioxidants as well as vitamins B₆, C and E to protect against free radical activity.

Whole-Food Antioxidants

We start with whole-food antioxidants in Natural Vitality's Super Fruit and Berry Antioxidant Blend of açai, goji, mangosteen, grape, grapeseed, wild blueberry, raspberry, raspberry seed, cranberry, prune, tart cherry, wild bilberry and strawberry.

POMELLA® Pomegranate

Pomegranate stands out because it has been shown to exhibit greater antioxidant properties than green tea, red wine and blueberry juice, among others. POMELLA Extract is a unique culmination of extensive university research that compared many different varieties of pomegranates for antioxidant properties and bioavailability. We selected POMELLA for its controlled production from orchard to patent-pending extraction process, resulting in superior bioavailability. Simply put—all pomegranate juice is not the same.

Bioenergy RIBOSE™

D-ribose (ribose) is used by all the body's cells and is essential in energy metabolism. Our bodies make it naturally, but our cells lack the ability to produce it fast enough or in sufficient quantity to effectively satisfy the loss of energy from our cells. That is why supplementing the body's natural processes with ribose can be so beneficial.

Bioenergy RIBOSE is a patented premium supplement that is clinically proven, naturally certified and has FDA GRAS (generally recognized as safe) approval.

Alpha Lipoic Acid (ALA)

Alpha lipoic acid is a fatty acid found naturally inside every cell of the body. It plays a crucial role in the energy producing structures of the cells. ALA is a strong and versatile antioxidant, but only when there is an excess beyond what is needed to maintain metabolic activity. This helps explain the value of alpha lipoic acid supplementation.



Acetyl-L-Carnitine (ALC)

ALC is a modified amino acid which, like alpha lipoic acid, enhances energy production in the cells. While not itself an antioxidant, ALC works well in combination with alpha lipoic acid and is believed to be beneficial to optimal neurological function.

SolQ10BLUE™ CoQ-10

CoQ-10 is a vitaminlike substance manufactured by all cells in the body. It also plays a crucial role in energy production and is one of the body's most powerful antioxidants. Unfortunately, scientists say the production of CoQ-10 slows down with age (starting at age twenty, with a more accelerated drop after forty). We chose SolQ10BLUE because of its water solubility, superior bioavailability and lack of emulsifiers (chemical additives).

What's Energy Got to Do with It?

Energy has a lot to do with feeling healthier and happier, and you can see that the ingredients in *NutraRev!* are oriented toward both cellular energy and reducing oxidative stress. Find out for yourself how it affects your daily energy.

Here's to a healthier and happier you!

